



greatspring
Acupuncture

awaken the great spring of wellness within

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Greetings!

Welcome to the practice of Great Spring Acupuncture! I look forward to working with you to address the health concerns which have brought you here. Before we begin our work together, there are some things you should know. Your initial appointment will last approximately 90 minutes, with follow up treatments typically lasting 1 hour. During that time we will go over your health history, discuss the challenges you are facing and work on bringing you back into balance.

It is important that you eat a small meal before your first treatment, and please refrain from eating or drinking anything which may discolor your tongue. Please note that no one will be treated under the influence of alcohol or drugs.

It is also important that you fill out completely the intake forms which accompany this letter and bring them with you to your first appointment. By doing so before you arrive at your appointment, you will maximize your allotted treatment time. It may seem that some of the questions do not pertain to the issue for which you are seeking treatment, but please know that as an acupuncturist I look at all aspects of your health and lifestyle when determining the best treatment strategy.

Should you have any questions or concerns please contact me by phone at 215-559-4655 or email at info@greatspringacupuncture.com. I look forward to meeting you and working together to optimize your health.

Sincerely yours,

Rachel

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